



## Aftercare Instructions

*East Side*  
**IRON**  
TATTOO ARTS

**It takes 2-4 weeks for a tattoo to heal correctly. The steps you take after receiving your tattoo are crucial to the appearance, quality, and longevity of your tattoo and to your health. Please read the following instructions and contact East Side Iron with any questions.**

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1. Allow at least 3-4 hours before removing your bandage. Only remove your bandage when you are in a position to properly clean and treat your tattoo.
2. Using warm water and fragrance-free, antibacterial handsoap (Dial, Provon, etc.) gently wash the tattooed area. **NOTE: Always wash your hands thoroughly with a fragrance-free antibacterial handsoap prior to handling your tattoo.**
3. Pat-dry tattoo with a clean towel.
4. Allow tattoo to air-dry for 15 minutes.
5. Wash your hands again.
6. Apply only Unscented/Fragrance-Free lotion to the tattooed area (we suggest Curel "Advanced Healing.") A thin coat of A&D ointment may be substituted for lotion during the first 24 hours of healing.
7. Repeat the application of lotion throughout the day, as needed.
8. Repeat Steps 1-7 at least twice a day until your tattoo is completely healed. Your tattoo will itch, flake, and peel as it heals. **DO NOT PICK OR SCRATCH YOUR TATTOO.**
9. **DO NOT REBANDAGE YOUR TATTOO** (Remember, your tattoo needs air to heal). If your occupation requires you to cover your tattoo, do so with loose fitting clothing.
10. Avoid direct exposure to sunlight for 2-4 weeks (this includes tanning beds).
11. Do not Submerge your tattoo for 2-4 weeks (no bathtubs, hot-tubs, swimming of any kind).